

Thinking Mode

Thinking Mode is the Nurturing Peaceful state of mind that focuses educational clarity on any activity. Nurturing Peace clears the fog of mental chatter, providing a clear focus that accelerates all learning

Thinking Mode for Athletes: Stand with the feet shoulder width apart. Knees are slightly bent. Back is straight. Shoulders are relaxed. Eyes closed. When a sports motion is excellently preformed, use Thinking Mode to gratefully remember how the motion felt and thus programing the motion into muscle memory.

Thinking Mode for Healers includes fasting occasionally on water. Deleting drugs like heroin, alcohol, LSD, ayahuasca, marijuana, nicotine, caffeine, sugar or salt. Only using the reproductive system for having children. Freely expressing the universal healing of Nurturing Peace to everyone, everywhere. Being content that only one in ten of those we have helped may return to say thank you. This Spiritual moral foundation helps provide a clear focus for Joyful Nurturing Healing. Begin with knowing Nurturing Peace then start climbing.

Clarity is the door,
Joyful Nurturing is the way,
Spirituality is the summit.